

# EASY Living

COVER  
STAR  
Kim Cattrall

APRIL 2010 £3.50



OUR 5TH  
BIRTHDAY ISSUE

## IT'S ALL ABOUT YOU!

- ▶ The £20.50 miracle beauty product you love
- ▶ Fun fitness fixes that keep you looking fabulous
- ▶ Your secrets to looking ten years younger

### EMOTIONS

**HAPPY,  
HEALTHY,  
EMPOWERED**  
26 life lessons  
you'll be glad  
you learned

### FOOD

**THE BEST  
RECIPES  
OF ALL  
TIME**  
(as voted for by you!)

### HEALTH

**HELPFUL  
OR HOKUM?**  
The truth about  
complementary  
medicine

# Supercharge YOUR LIFE

- \* Look your best
- \* Lose your inhibitions
- \* Love the skin you're in

# Accessorise ALL AREAS

Fabulous bags, shoes, belts and sunglasses – no wonder we've all got an accessory addiction. Here's how to satisfy yours...

BY FRANCESCA ZEDDA PHOTOGRAPHS JODY TODD



**TAN**  
For go-with-anything sophistication, tan accessories are spot-on

★ *The great thing about tan? It works with so many of this year's trends: safari, florals, graphic prints...*



- 1 Leather bag, £195, Reiss.
- 2 Sunglasses, £49, Boden.
- 3 Leather shoes, £125, Pied a Terre.
- 4 Leather bag, £720, Tod's.
- 5 Leather bag, £320, Coccinelle.
- 6 Leather belt, £69, Tommy Hilfiger.
- 7 Suede shoes, £315, Bally.
- 8 Leather bag, £420, MaxMara →